

PREBALLET CLASS VOLUME 1

- 1 SKIPS
- 2 MARCHING
- 3 CLAPPING
- 4 FEET
- 5 LEGS
- 6 SWAYS SLOW
- 7 SWAYS
- 8 FINGERS
- 9 HANDS
- 10 ARMS
- 11 CURLING AND STRETCHING
- 12 PLIES
- 13 RISES
- 14 POINTED FEET
- 15 ARM MOVEMENTS
- 16 STEP CLOSE, STEP POINT
- 17 STEP POINT, STEP CLOSE (GETTING FASTER)
- 18 POLKA SLOW
- 19 POLKA FASTER
- 20 POLKA GETTING FASTER
- 21 ARM WAVES
- 22 SMALL JUMPS
- 23 BIG JUMPS
- 24 SPRING POINTS
- 25 SPRING POINTS
- 26 SPRING HEELS
- 27 PONY TROTS SMALL
- 28 PONY TROTS BIG
- 29 PONY GALOPS
- 30 GALOPS HEAVY
- 31 GALOPS
- 32 RUNNING 4 BARS AND PAUSE
- 33 RUNNING 8 BARS AND PAUSE
- 34 POLONAISE
- 35 COURT DANCE
- 36 SKIPS
- 37 MECHANICAL DOLL
- 38 ROBOTS
- 39 BUBBLES
- 40 FARMERS DANCE
- 41 CHEWING GUM
- 42 BEARS DANCE
- 43 SMALL AND BIG WAVES
- 44 CAT AND MOUSE
- 45 REVERENCE